

Activity	Organiser	Phone	Postcode	
Walking courses	Plas Tan y Bwlch	01766 772600	LL41 3YU	www.plastanybwlch.com
Guided walks	Antur Stiniog	01766 832214	LL41 3AA	www.anturstiniog.com
Mine exploring	Friends of Cwmorthin	01690 348068		www.cwmorthin.co.uk
Mine exploring	Bob Field	01766 762765	LL41 4PH	www.caerblaidd.fsnet.co.uk
Mountain Leader	Bob Cole	01766 832358	LL41 3DB	www.bistromoelwyn.co.uk
Mountaineer (MIC)	Alister Haveron	01766 830511	LL41 3HS	www.dolawel.co.uk
Mountain Walking & Rock Climbing	Chris Boughay	07779 961027	LL41 4TS	www.summitjourneys.co.uk
Rock climbing	Bob Field	01766 762765	LL41 4PH	www.caerblaidd.fsnet.co.uk
Guided Nordic Walking	Catrin Roberts	01766 830568		cadwsboltatws@hotmail.co.uk
Mountaineering Courses	Mike Laing	01766 832120	LL41 4DF	www.snowdoniaclimbing.co.uk
Mountain biking	Coed y Brenin	0300 068 0300	LL40 2HZ	www.forestry.gov.uk
Guided mountain biking	Tyred Out	01690 760181	LL24 0PU	www.tyred-out.com
Downhill & other biking	Antur Stiniog	01766 832214	LL41 3AA	www.anturstiniog.com
Fishing	Cambrian Angling	01766 762401		www.cambrianangling.com
Fishing	Prysor Angling	01766 540313		www.trawslake.com
Fishing	Lake Tanygrisiau	01766 830950	LL41 3TP	Lakeside Cafe
Permits & tackle	Gynnu Penrhyn	01766 770339	LL48 6BN	Penrhyndeudraeth
Permits	Pikes Newsagents	01766 512578	LL49 9LR	Porthmadog
Fishing guide	Trevor Jones	01286 880376		trevortrout.nebo@btinternet.com
Fly fishing course	Plas Tan y Bwlch	01766 772600	LL41 3YU	www.plastanybwlch.com
Ras y Moelwyn (fell run)	Antur Stiniog	01766 832214	LL41 3AA	www.anturstiniog.com
High ropes & zip wires	Go Ape	0845 643 92 15	LL40 2HZ	www.goape.co.uk
Pony Trekking	Eirlys Pritchard	01766 590231	LL41 4HY	Maentwrog
White water rafting	National White Water Centre	01678 521083	LL23 7NU	www.ukrafting.co.uk
Kayaking & canoeing	Padlo Blaenau	01766 830750		
Swimming Pool	Blaenau Ffestiniog	01766 831066	LL41 3DW	
Golf	Llan Ffestiniog	01766 831829		www.ffestiniogolf.org
Golf	Porthmadog	01766 512037	LL49 9UU	www.porthmadog-golf-club.co.uk
Golf	Harlech	01766 780361	LL46 2UB	www.royalstdavids.co.uk
Golf Driving Range	Porthmadog	01766 514 225	LL49 9DS	www.porthmadoggolfrange.co.uk
Bird watching	RSPB ospreys	029 2035 3008		www.rspb.org.uk
Bird watching courses	Plas Tan y Bwlch	01766 772600	LL41 3YU	www.plastanybwlch.com
Nesting choughs	Llechwedd	01766 830306	LL41 3NB	www.llechwedd-slate-caverns.co.uk